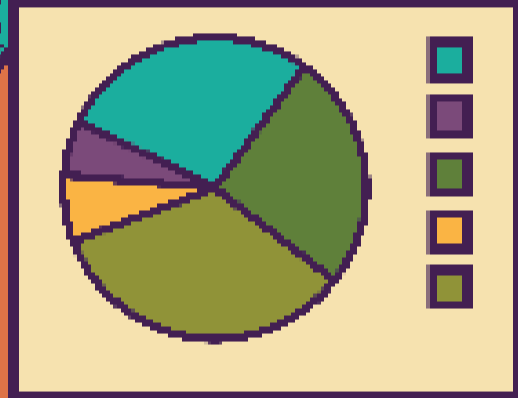




ONE EARTH ONE HOME

STEP 2 LOOK AND LEARN



CLASSES 3, 4 & 5

ACTIVITY BOOK



Dear Children,

*There is a tiny virus outside, which is not so nice
and we are all staying safe in our houses like little mice.*

*Don't we all wish we had something to do,
a run in the field or a game of peek-a-boo or stapoo.*

*So why just sit in the house and dilly-dally
Let's all gather for an activity with our family.*

*And One Earth - One Home is the best way
To spend your time exploring nature today.*

Hello and Welcome to One Earth-One Home programme!

Did you know that besides you, there are other creatures too that live in your house? You might have seen a few like the ants near a sugar cube or singing of the birds on the nearby tree or even a spider swinging from its web at 180 degrees.

We share our planet - Earth with many plants and animals. And we must respect them whether they are in the jungles or our houses by using our resources carefully

So, let's all begin our journey of fun, with only 3 main steps taken one by one.



STEP 1 - SEEK AND FIND



STEP 2- LOOK AND LEARN



STEP 3- DISCUSS AND DO

*Let's make our homes greener together
for a happier and healthier planet forever.*



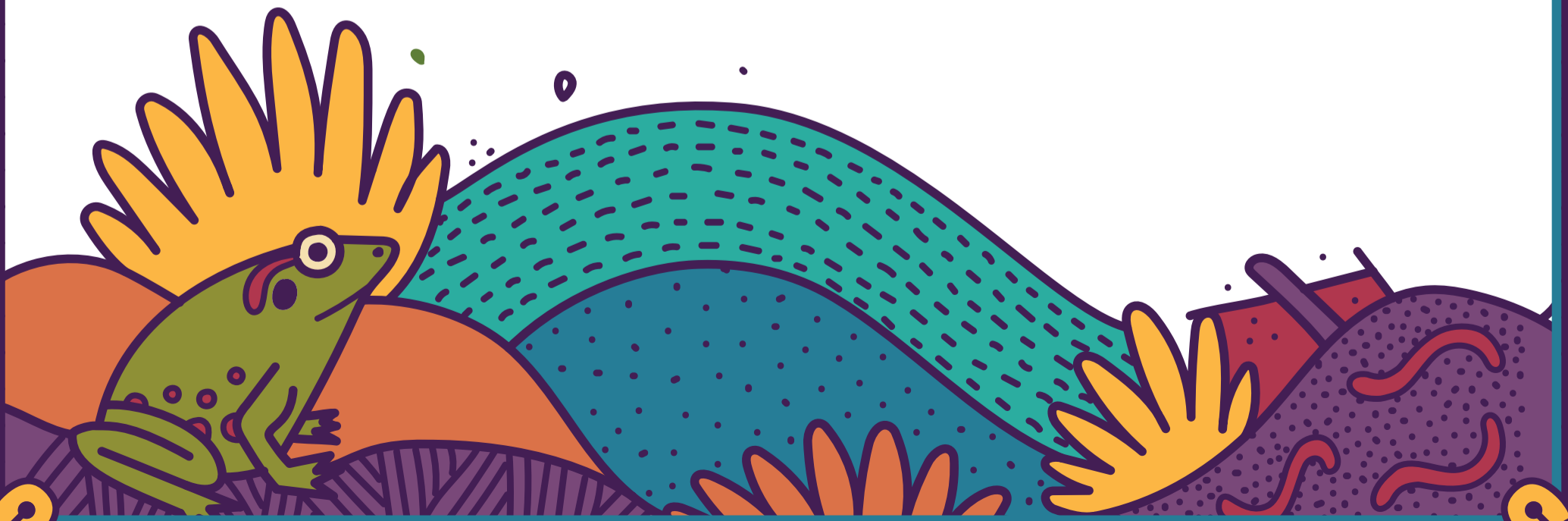
NOTE TO THE PARENTS/GUARDIANS

“

“One Earth- One Home” is a short 10 week programme with only 30 mins of activity time required per week.

- The worksheets can be printed out or can be completed on a blank paper/notebook.
- Accompany and support your child during all the activities. Help them in completing the worksheets.
- Each activity has a short supporting video, which will be sent to the teachers via WhatsApp or can be downloaded from the link provided with each worksheet.
- Always celebrate the small successes and have a fun family time together.


”



STEP 2 LOOK AND LEARN

We are halfway through! It's time to take the second step of 'One Earth One Home'. It contains 3 worksheets and 1 video.

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|  | Video V2A: Our Choices Matter
Watch a photo story of a house which is simple, well designed and cares for the planet. https://youtu.be/P-AoVR9gbNU | Pg. 1 |
|  | Worksheet W2A: My Habit Checklist
Check your habits from the chart and count if you have got more handprints or footprints. | Pg. 2 |
|  | Worksheet W2B: Is my home an Eco-friendly Home?
Find out how eco-friendly is your home. | Pg. 3 |
|  | Worksheet W2C: Family Meeting
Discuss your findings and draw the things that your family will do to become a more eco-friendly home. | Pg. 6 |
|  | Recap and More
Revise what you have learnt and report back. | Pg. 7 |

One Earth, One Home also helps in achieving Sustainable Development Goals (SDGs).

STEP 2 IS FOR :

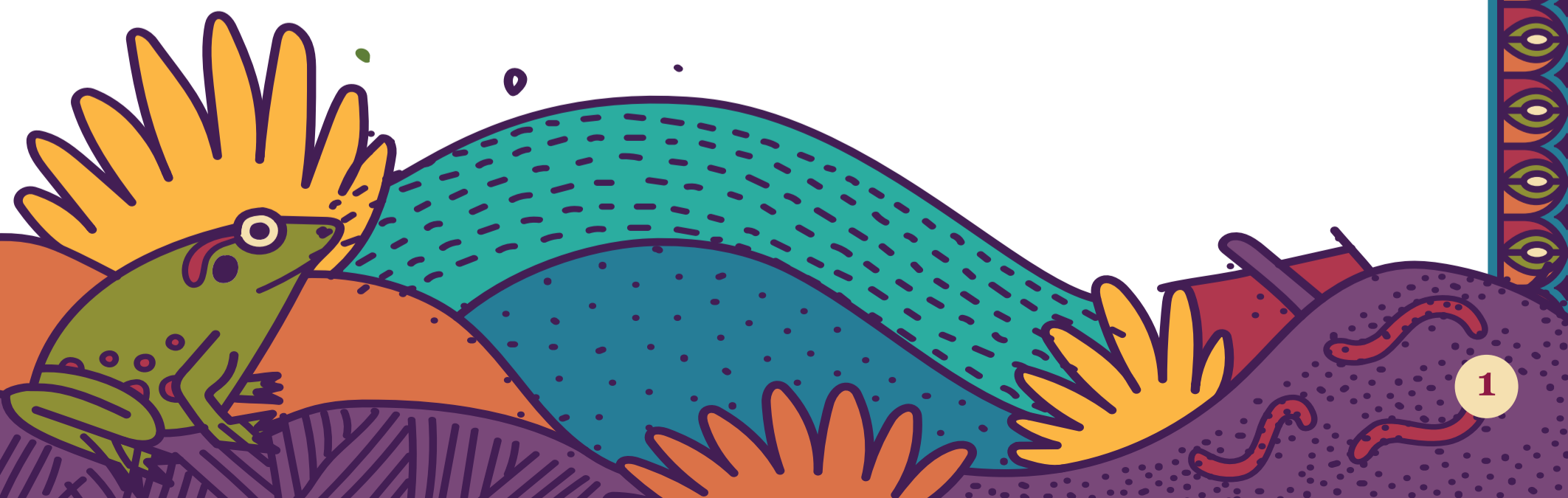


VIDEO V2A

VIDEO TIME





















Our Choices Matter

Watch a photo story of a house which is simple, well designed and cares for the planet. <https://youtu.be/P-AoVR9gbNU>



My Habit Checklist!

Tick or write the serial number of the things you like to do from this 'Habit Checklist'

1. I play with water. 	2. I care for plants. 	3. I carry my bag to the market. 	4. I play outdoors. 
5. I cycle and walk nearby safely. 	6. I grew a plant. 	7. I often throw garbage on the road. 	8. I use polybags or plastic bags. 
9. I observe the birds, animals and plants around me. 	10. I brush my teeth with a running tap. 	11. I pull out pages from the notebook to make paper toys. 	12. I buy new toys regularly. 
13. I take only what I can eat. 	14. I finished my food today. 	15. I threw some food from my plate. 	16. I eat chips from packets regularly. 
17. I listen to or read stories about plants and animals. 	18. I share my toys with others. 	19. I switch off the lights when not in use. 	20. I put all the household waste in a dustbin. 

Now count the number of handprints and footprints you have got!

			
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What did you get more?

Is My Home an Eco-friendly Home?

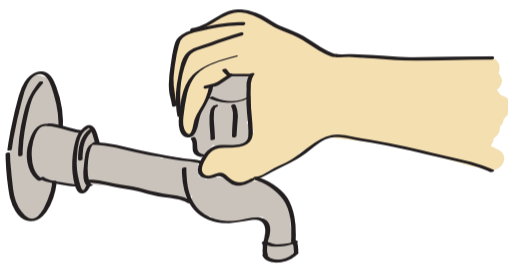
We use water, make food and generate waste in our house regularly. The way we use these things, tells us if we are an eco-friendly house or not.

Colour or write the serial numbers of the boxes from the table, for all the things that you and your family do at home.

ECO-FRIENDLY HOME CHECKLIST



WATER



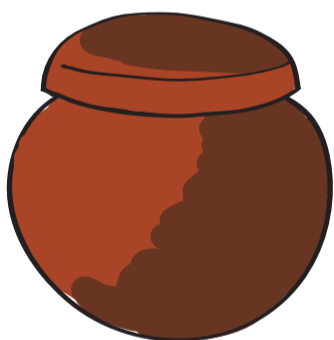
1. We fix Leaky taps within a day.



2. We use a Bucket for bathing.



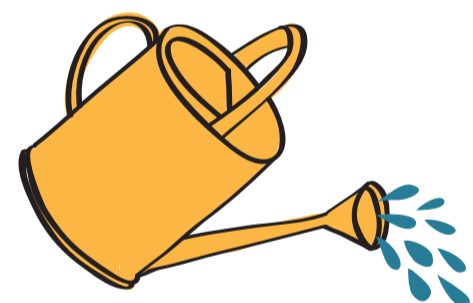
3. We reuse the water used for washing clothes to clean the floor/vehicle.



4. We collect rainwater in a covered container for later use.



5. We rinse our vegetables under a running tap.



6. We water our plants only when needed.



7. We water our plants during early morning or evening.



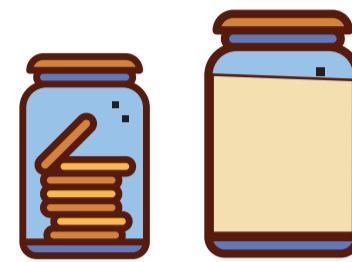
FOOD



1. We grow some of the food that we eat.



2. We eat the fruits and vegetables that are grown locally.



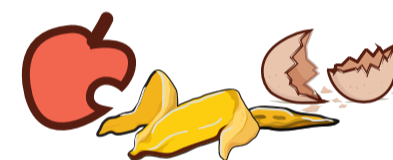
3. We store our food carefully to avoid wastage.



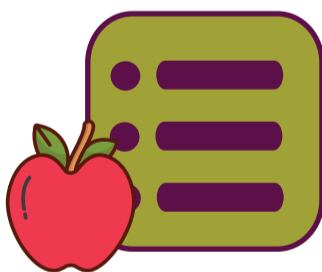
4. We make jams and pickles at home.



5. We cook fresh food and in the required quantity.



6. We use food scraps for composting.



7. We plan our meals – What we want to eat and how much is required.



WASTE



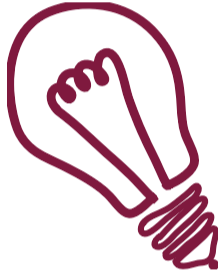
1. We collect wet and dry waste separately.



2. We compost our garden waste.



3. We always carry our bag for shopping.



4. We think before we buy new things for the house.



5. We avoid buying things that come with a lot of plastic.



6. We reuse bottles and containers.

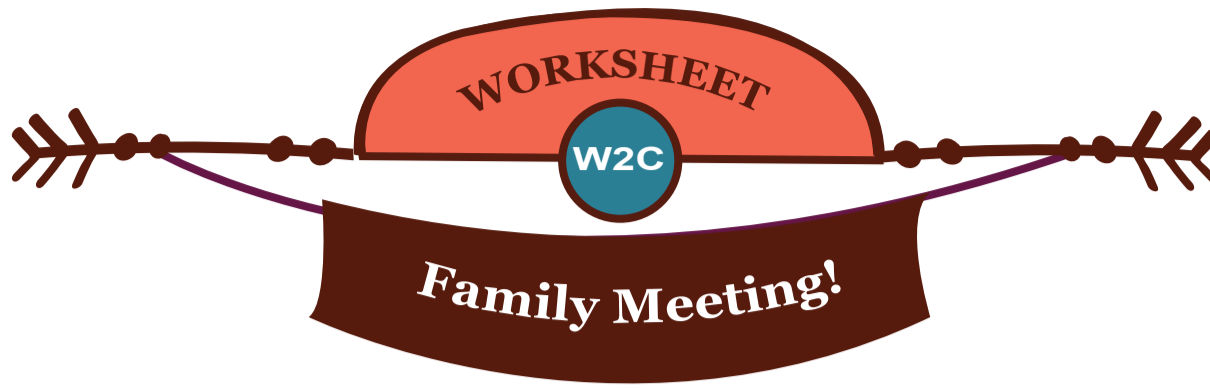


7. We repair our household items.

GREEN HOME SCALE




Count and Write! How many things you do under each of the three groups?		
WATER	FOOD	WASTE

To become a more eco-friendly home, you and your family can do the actions given in the checklist above.



Show the Eco-friendly Home Checklist (Worksheet W2B) to your family and discuss the scores your house has earned.

Decide and draw/write the things that your family does now and the things that they will change to become a more eco-friendly home.

	Not so Eco-friendly things my family does currently	Things we will change in our house
 WATER		
 FOOD		
 WASTE		



RECAP AND MORE

Congratulations! You have completed Step 2.

Let's see what we have learnt till now! Tick or write the serial numbers from the checklist against all the things you know now.



1. My green habits.



2. My footprints in nature.



3. What is an eco-friendly home ?



4. What are green habits ?



5. How eco-friendly is my home?



6. Things my family will do to make our home more eco friendly.